

EMMANUEL ORTHODOX CHURCH



FOURTH SUNDAY OF LENT

March 26, 2017

A Western Rite Parish of the Antiochian Orthodox Christian
Archdiocese of North America

FOR OUR VISITORS

WELCOME to all our visitors today! Thank you for coming to worship with us. We hope you will feel at home. Please join us at our coffee & fellowship hour immediately following the Mass to learn more about our community and life in Christ.



ABOUT EMMANUEL ORTHODOX CHURCH

EMMANUEL Orthodox Church is a Western Rite parish of the Antiochian Orthodox Christian Archdiocese of North America. In the Acts of the Apostles we read, “in Antioch they were first called Christians” (11:26). The Orthodox Church has maintained an unbroken communion with these Christians of the first century, preserving the liturgies and doctrines handed down to us. Our mission is to draw close to the Holy Trinity in worship and love, to “put on Christ” (Gal. 2:27), and in Him to be “the light of the world” (Matt. 5:14).

His Eminence, Metropolitan JOSEPH

His Grace, the Right Reverend Bishop JOHN

The Rev. Fr. Christopher Nerreau

A NOTE REGARDING HOLY COMMUNION

IN the Orthodox Church, the Sacrament of Holy Communion is given only to baptized, chrismated Orthodox Christians who have duly prepared themselves by prayer, fasting, and confession. We do invite all visitors to receive a blessing from the priest and to partake of the blessed bread distributed by the altar servers.

HYMNS & READINGS AT MATTINS & MASS

MATTINS

The English Office & St. Ambrose Hymnal are used for Mattins

Opening Sentence: Jesus said: Whosoever will come after me, let him deny himself, and take up his cross, and follow me.

-St. Mark viii. 34

Psalms: 119:14 (pg. 185)

First Lesson: 2 Samuel 18:5ff

Second Lesson: Luke 15:11ff

Office Hymn: *Now Christ, Thou Son of Righteousness* 81

∞. God shall give his angels charge over · thee.

℞. To keep thee in all thy · ways.

Antiphon on Benedictus: When Jesus lifted up his eyes, and saw a great company come unto him, he saith unto Philip: Whence shall we buy bread that these may eat? And this he said to prove him; for he himself knew what he would do.

MASS

Hymns are found in the St. Ambrose Hymnal

Processional:	<i>Forty Days & Forty Nights</i>	78
Asperges		351
Kyrie		Handout
Offertory:	<i>Jesu, Name All Names Above</i>	79
Sanctus		Handout
Our Father		369
Agnus Dei		Handout
Communion:	<i>Servant of God Remember</i>	85
Recessional:	<i>O Kind Creator, Bend Thine Ear</i>	84

PROPERS OF THE MASS

Introit. *Isaiah 66:10-11. Lætare.* Rejoice, O Jerusalem, and come together, all ye that love her; rejoice for joy, all ye that have mourned: that ye may be glad, and be satisfied with the breasts of your consolation. *Ps. 122:1.* I was glad when they said unto me: We will go into the house of the Lord. ✠. Glory be to the Father...

Collect. Grant, we beseech thee, almighty God: that we, who for our evil deeds do worthily deserve to be punished, by the comfort of thy grace may mercifully be relieved. Through...

Epistle: *The Lesson from the Epistle of Blessed Paul the Apostle to the Galatians.* Brethren: For it is written, that Abraham had two sons, the one by a bondmaid, the other by a freewoman. But he who was of the bondwoman was born after the flesh; but he of the freewoman was by promise. Which things are an allegory: for these are the two covenants; the one from the mount Sinai, which gendereth to bondage, which is Agar. For this Agar is mount Sinai in Arabia, and answereth to Jerusalem which now is, and is in bondage with her children. But Jerusalem which is above is free, which is the mother of us all. For it is written, Rejoice, thou barren that bearest not; break forth and cry, thou that travailest not: for the desolate hath many more children than she which hath an husband. Now we, brethren, as Isaac was, are the children of promise. But as then he that was born after the flesh persecuted him that was born after the Spirit, even so it is now. Nevertheless what saith the scripture? Cast out the bondwoman and her son: for the son of the bondwoman shall not be heir with the son of the freewoman. So then, brethren, we are not children of the bondwoman, but of the free: by the freedom wherewith Christ hath made us free. (4:22-31)

Gradual. *Psalm 122:1, 7.* I was glad when they said unto me: We will go into the house of the Lord. ✠. Peace be within thy walls: and plenteousness within thy palaces.

Tract. *Psalm 125:1-2.* They that put their trust in the Lord shall be even as the mount Sion: which may not be removed, but standeth fast for ever. ✠. The hills stand about Jerusalem; even so standeth the Lord round about his people, from this time forth for evermore.

Gospel: *The* ✠ *Continuation of the Holy Gospel according to John.* At that time: After these things Jesus went over the sea of Galilee, which is the sea of Tiberias. And a great multitude followed him, because they saw his miracles which he did on them that were diseased. And Jesus went up into a mountain, and there he sat with his disciples. And the passover, a feast of the Jews, was nigh. When Jesus then lifted up his eyes, and saw a great company come unto him, he saith unto Philip, Whence shall we buy bread, that these may eat? And this he said to prove him: for he himself knew what he would do. Philip answered him, Two hundred pennyworth of bread is not sufficient for them, that every one of them may take a little. One of his disciples, Andrew, Simon Peter's brother, saith unto him, There is a lad here, which hath five barley loaves, and two small fishes: but what are they among so many? And Jesus said, Make the men sit down. Now there was much grass in the place. So the men sat down, in number about five thousand. And Jesus took the loaves; and when he had given thanks, he distributed to the disciples, and the disciples to them that were set down; and likewise of the fishes as much as they would. When they were filled, he said unto his disciples, Gather up the fragments that remain, that nothing be lost. Therefore they gathered them together, and filled twelve baskets with the fragments of the five barley loaves, which remained over and above unto them that had eaten. Then those men, when they had seen the miracle that Jesus did, said, This is of a truth that prophet that should come into the world. When Jesus therefore perceived that they would come and take him by force, to make him a king, he departed again into a mountain himself alone. (6:1-5)

Offertory. *Psalm 135:3, 6.* O praise the Lord, for he is gracious, O sing praises unto his name, for he is lovely: whatsoever he pleased, that did he in heaven, and in earth.

Secret. We beseech thee, O Lord, mercifully to have respect unto these our sacrifices: that they may increase our devotion and set forward our salvation. Through...

Communion. *Psalm 122:3-4.* Jerusalem is built as a city, that is at unity in itself: for thither the tribes go, even the tribes of the Lord, to give thanks unto thy name, O Lord.

Postcommunion. O merciful God, who never failest to fulfil us with thy holy mysteries: grant to us, we beseech thee, that we may ever perform them in lowliness and sincerity, and receive them in faithfulness of heart. Through...

PREPARATION FOR COMMUNION

ALMIGHTY, everlasting God, lo, I draw nigh to the Sacrament of thine only-begotten Son, our Lord Jesus Christ. I draw nigh as one sick, to the Physician of life; unclean, to the Fountain of mercy; blind, to the light of eternal brightness; poor and needy, to the Lord of heaven and earth. I implore, therefore, the abundance of thine exceeding bounty, that thou wouldest vouchsafe to heal my sickness, to wash my defilements, to enlighten my blindness, to enrich my poverty, and to clothe my nakedness; and that I may receive the Bread of Angels, the King of kings, and Lord of lords, with such reverence and humility, such contrition and devotion, such purity and faith, and with such purpose and intention, as shall be expedient for the health of my soul.

GRANT me, I beseech thee, that I may receive not only the Sacrament of the Body and Blood of the Lord, but also the substance and virtue of the Sacrament. O most merciful God, grant me so to receive the body of thine only-begotten Son our Lord Jesus Christ, which he took of the Virgin Mary, that I may be worthy to be incorporated into his mystical Body and accounted among his members. O most loving Father, grant me, that thy beloved Son, whom I now purpose to receive veiled from sight, I may at length behold forever face to face. Who with thee, in the unity of the Holy Ghost, liveth and reigneth God, world without end. Amen.



PARISH ANNOUNCEMENTS

THIS WEEK

- ❖ Tuesday: Women's Group 6:30 p.m.
- ❖ Sunday: Matins & Holy Mass 9:00 a.m.

SPECIAL NOTICES & COMING EVENTS

- ❖ Confessions will be heard from 9:00-9:30 a.m. on Sundays during Lent. Please sit in the front left pew to wait until Father is ready to hear your confession.
- ❖ Please consider making a special donation for Easter flowers using the form on the narthex table. Donations may be made for living or for departed loved ones, whose names will be especially remembered during Mass at this holy time of year.
- ❖ If you would like to purchase a handmade booklet on the recitation of the Rosary, please fill out a form (on narthex table) and return it to Sbdn. Ian. He will be placing a bulk order for the parish.
- ❖ There will be a Diocesan retreat focusing on family and parenting on April 1st at St. George Cathedral in Worcester. Flyers are available on the table in the narthex.
- ❖ There will be a parish council meeting after Mass today.
- ❖ The Holy Week schedule of services is as follows:
 - Palm Sunday: Matins at 9 a.m., Blessing of Palms & Mass at 9:30 a.m.
 - Maundy Thursday: Mass of the Lord's Supper 6:30 p.m.
 - Good Friday:
 - The Way of the Sorrowful Virgin Mary, "Maria Desolata" 3 p.m.
 - Liturgy of the Passion & Mass of the Presanctified 6:30 p.m.
 - Holy Saturday: Easter Vigil 8:30 p.m.
 - Easter Sunday: Sung Mass 9:30 a.m.

LITURGICAL KALENDAR

M	27	St. John Damascene, Confessor & Doctor
T	28	St. Gontram, King of Burgundy
W	29	Ss. Armogastes, Mascula, Archimimus, & Saturus; Confessors
T	30	St. John Climacus, Abbot
F*	31	St. Innocent of Alaska, Bishop & Confessor
S	1	St. Theodora, Martyr

**Fasting & Abstinence*

SAINT JOHN CLIMACUS

ON MARCH 30th, we commemorate St. John Climacus for his holy efforts to move himself and others ever further toward union with God.

LITTLE is known about the early life of St. John, but he seems to have been born in Syria around 525 AD. At the age of sixteen, he entered monastic life on Mt. Sinai. He studied and practiced Christian virtue under Martyrius, an older monk.



When Martyrius died, St. John withdrew to the foot of the mountain to live alone and focus himself on prayer and study. After twenty years in solitary contemplation, he became the abbot of the monks on Mt. Sinai. Wishing to help others in their attainment of Christian virtue and union with God, St. John wrote his most famous work, *The Ladder of Divine Ascent*. Its thirty chapters each deal with a different step on the climb to Christian virtue. Both monastics and laity have cherished the book since its writing. In 606, St. John fell asleep in the Lord after returning to his hermitage.

“AS ever-blooming fruits, thou dost offer the teachings of thy God-given book, O wise John, thou most blessed, while sweetening the hearts of all them that heed it with vigilance, for it is a ladder from the earth unto Heaven, that conferreth glory on the souls that ascend it and honour thee faithfully.”

—Kontakion for St. John Climacus, from the Byzantine Rite

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